

**Serving and Helping Others
Our Local Initiative**

Once again, Rochester is supporting our local SHARE with donations of food, toys & toiletries.

Two opportunities to Donate

Friday, December 6th

Kids Can Performance

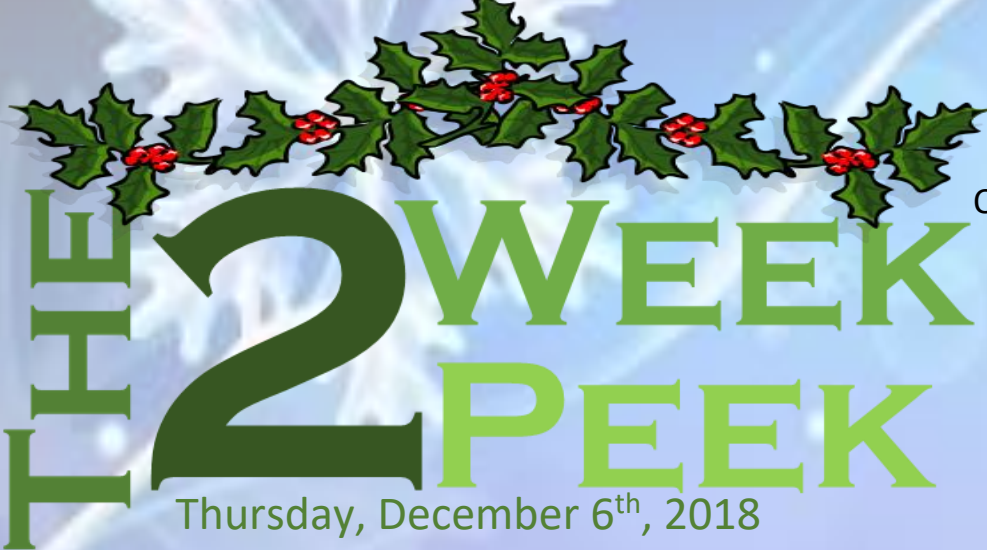
7:30pm

AND

Thursday, December 13th

A Very Rochester Christmas Concert

9:30am + 1:30pm



Thursday, December 6th, 2018

**Servicing and Helping Others
Our Global Initiative**

Did you know Rochester has a sister school in Guatemala? This year, for our holiday service focus, we are raising money to help our sister school build a classroom!

Starting tomorrow, every class will have a hot chocolate mug to fill up with donations. Our goal is \$800.

To celebrate this act of service, our Spirit Squad will announce the total amount raised and Starbucks will donate hot chocolate for students on December 18th.

Please send your donations starting tomorrow!

PAC Traffic Safety

Since the last PEEK edition, the RCMP have advised us that they will step up speed enforcement on Schoolhouse and Deciare. As well ICBC and RCMP visited Rochester last week to discuss traffic safety with all of our grade 4 and 5 students.

It's beginning to look a lot like...Lice Season!

The winter months are prime season for lice. Daycares and schools will inevitably go through cycles of lice. Your best defence is regular and diligent checking of hair for nits (eggs) and adult lice. The Fraser Health website is an excellent source of information for identifying and treating lice. Here is there website:

<https://www.fraserhealth.ca/health-topics-a-to-z/school-health/illness-and-immunizations/head-lice#.XA156WwIE2x>

Treating lice can be a lengthy and labourious task. Some parents choose to pursue professional treatment options such as this one in New Westminster:

<http://lclclangley.com/new-westminster/?gclid=EAlaIqobChMI7cya6emL3wIVIPhkCh2COwhFEAAYASAAEgJASfD BwE>

Mark your Calendars

Friday, December 7th
December 7th-December 18th
Thursday, December 13th
Thursday, December 13th
Monday, December 17th
Tuesday, December 18th
Wednesday, December 19th
Friday, December 21st
December 22nd-January 6th

Kids Can Theatre Performance, 7:30pm
Guatemala donations being collected
Rochester Christmas Concert, 9:30am + 1:30pm
Breakfast buddies closed this morning
Report Cards going home during this week
"Jammies" & Hot Chocolate Day
Wear your Christmas Color Day
Last Day of Classes for Winter Break
Winter Break, School Closed